

Olivia H. Pollak

Education

- 2020- **University of North Carolina at Chapel Hill**, Chapel Hill, NC
Ph.D. candidate in Clinical Psychology, Department of Psychology and Neuroscience
Advisor: Dr. Mitch Prinstein
- 2020-22 **University of North Carolina at Chapel Hill**, Chapel Hill, NC
M.A., Psychology and Neuroscience
Thesis: Social problem-solving and suicidal behavior in adolescent girls: A prospective examination of proximal and distal social stress-related risk factors
- 2012-16 **Yale University**, New Haven, CT
B.S., Psychology; B.A., History (with distinction)
summa cum laude, Phi Beta Kappa, GPA: 3.95/4.00

Honors and Awards

- 2021 Honorable Mention, National Science Foundation Graduate Research Fellowship
- 2016 Phi Beta Kappa, Yale University
- 2015 Psi Chi Psychology National Honor Society, Yale University Chapter
- 2015 Richter Research Fellowship, Davenport College, Yale University

Clinical Experience

- 2022- Advanced Assessment Practicum, UNC Psychology Community Clinic, UNC-Chapel Hill
- 2022-23 Duke Child and Family Study Center, Duke University Health System
- 2021-22 UNC Psychology Community Clinic, UNC-Chapel Hill
- 2013-16 Walden Peer Counseling, Yale University

Predoctoral Research Experience

- 2018-20 Laboratory for Clinical and Developmental Studies, Teachers College, Columbia University, New York, NY
- 2014-16 Affect Regulation and Cognition Lab, Yale University, New Haven, CT
- 2014 Neurodevelopment, Affect, and Psychopathology Lab, Stanford University, Stanford, CA

Publications

Peer-Reviewed Journal Articles

- Pollak, O.H.**, Cheek, S.M., Rudolph, K.D., Hastings, P.D. Nock, M.K., & Prinstein, M.J. (in press). Social problem-solving and suicidal behavior in adolescent girls: A prospective examination of proximal and distal social stress-related risk factors. *Journal of Psychopathology and Clinical Science*.
- Pollak, O.H.**, Shin, K.E., Baroni, A., Gerson, R., Bell, K.A., Tezanos, K.M., Fernandes, S.N., Robinaugh, D.J., Schacter, D.L., Spirito, A., & Cha, C.B. (2023). An examination of episodic future thinking in

the emergency department among youth experiencing suicidal thoughts and behaviors. *European Child and Adolescent Psychiatry*.

- Nelson, B.W., **Pollak, O.H.**, Clayton, M.G., Telzer, E.H., & Prinstein, M.J. (2023). An RDoC-based approach to adolescent self-injurious thoughts and behaviors: The interactive role of social affiliation and cardiac arousal. *Development and Psychopathology*.
- Shin, K.E., Baroni, A., Gerson, R., Bell, K.A., **Pollak, O.H.**, Tezanos, K., Spirito, A., & Cha, C.B. (2023). Using behavioral measures to assess suicide risk in a psychiatric emergency department for youth. *Child Psychiatry and Human Development*.
- Pollak, O.H.**, Kwon, S.J., Jorgensen, N., Lindquist, K.A., Telzer, E.H., & Prinstein, M.J. (2022). Neural reactivity to social punishment predicts future engagement in nonsuicidal self-injury among peer-rejected adolescents. *Biological Psychiatry*.
- Gratch, I., Tezanos, K., Fernandes, S.F., Bell, K.A., **Pollak, O.H.**, & Cha, C.B. (2022). Single- vs. multi-item assessment of suicidal ideation among adolescents. *Rhode Island Medical Journal*, 105(4), 16-21.
- Clayton, M.G., **Pollak, O.H.**, Owens, S.A., Miller, A.B., & Prinstein, M.J. (2021). Advances in research on adolescent suicide and a high priority agenda for future research. *Journal of Research on Adolescence*, 31(4), 1068-1096.
- Tezanos, K., **Pollak, O.H.**, & Cha, C.B. (2021). Conceptualizing death: How do suicidal adolescents view the end of their lives? *Suicide and Life-Threatening Behavior*, 51(4), 807-815.
- Gratch, I., Fernandes, S., Bell, K., **Pollak, O.H.**, Fox, K.R., Tezanos, K., Ebo, T., & Cha, C.B. (2021). Self-Injurious Thoughts and Behaviors Interview—Revised (SITBI-R): Reliability, validity, and inter-informant agreement in an adolescent sample. *Journal of Clinical Child and Adolescent Psychology*, 51(4), 484-494.
- Pollak, O.H.**, Guzmán, E.M., Shin, K.E., & Cha, C.B. (2021). Defeat, entrapment, and positive future thinking: Examining key theoretical predictors of suicidal ideation among adolescents. *Frontiers in Psychology*, 12, 590388.
- Pollak, O.H.**, D'Angelo, E., & Cha, C.B. (2020). Does function predict persistence? Nonsuicidal self-injury among adolescents during and after hospitalization. *Psychiatry Research*, 286, 112839.
- Glenn, C.R., Kleiman, E.M., Kellerman, J.K., **Pollak, O.H.**, Cha, C.B., Esposito, E.C., Porter, A.C., Wyman, P.A., & Boatman, A.E. (2020). Annual Research Review: A meta-analytic review of worldwide suicide rates in adolescents. *Journal of Child Psychology and Psychiatry*, 61(3), 294-308.
- Book Chapters*
- Liu, R.T., Walsh, R.W., Katz, M., **Pollak, O.H.**, Clayton, M.G., & Stephenson, A. (in press). Suicide and depression: Epidemiology, theory, assessment, and treatment. *American Psychological Association (APA) Handbook of Depression*.
- Pollak, O.H.**, Clayton, M.G., Nelson, B.W., & Prinstein, M.J. (in press). Understanding the social context of NSSI: Interpersonal stress in peer and romantic relationships and peer socialization of NSSI. In E. Lloyd-Richardson, I. Baetens, & J. Whitlock (Eds.), *Oxford University Handbook of Nonsuicidal Self-Injury*. New York: Oxford University Press.
- Prinstein, M.J., Fox, K.A., Field, N.H., & **Pollak, O.H.** (2022). Your first year in graduate school. In M.J. Prinstein (Ed.), *The Portable Mentor: Expert guide to a successful career in psychology*. (pp. 73-87). New York: Cambridge University Press.

Other Publications

"The Mail: Re. Andrew Solomon's piece on child suicide," *The New Yorker*, May 16, 2022

Conference Presentations

Research Talks

- Pollak, O.H.**, Cheek, S.M., Rudolph, K.D., Hastings, P.D., Nock, M.K. & Prinstein, M.J. (2023, November). Social problem-solving and suicidal behavior in adolescent girls: A prospective examination of proximal and distal social stress-related risk factors. In O. Pollak (Chair), *Using real-time, objective, and performance-based methods to advance understanding of interpersonal risk factors for suicidal thoughts and behaviors*. Paper to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
- Pollak, O.H.**, Kwon, S.J., Jorgensen, N., Lindquist, K.A., Telzer, E.H., & Prinstein, M.J. (2023, April). Neural reactivity to social punishment and risk for nonsuicidal self-injury in adolescents. In O. Pollak and M. Clayton (Chairs), *Neurobiology, inflammatory processes, and risk for self-injurious thoughts and behaviors in adolescence*. Paper presented at the annual Suicide Research Symposium (held virtually).
- Pollak, O.H.**, Guzmán, E., Shin, K.E., & Cha, C.B. (2021, November). Defeat, entrapment, and positive future thinking: Examining patterns of future-oriented thinking as a novel cognitive predictor of suicidal ideation among adolescents. In O. Pollak (Chair), *Adolescent suicide, self-injury, and RDoC: Advancing understanding of adolescents' self-injurious thoughts and behaviors examined across multiple RDoC domains*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (held virtually).
- Nelson, B.W., **Pollak, O.H.**, Clayton, M., Prinstein, M.J., & Telzer, E. (2021, November). An RDoC-based approach to adolescent self-injurious thoughts and behaviors: The interactive role of social affiliation and cardiac arousal. In O. Pollak (Chair), *Adolescent suicide, self-injury, and RDoC: Advancing understanding of adolescents' self-injurious thoughts and behaviors examined across multiple RDoC domains*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (held virtually).
- Shin, K.E., Baroni, A., Gerson, R., Bell, K.A., **Pollak, O.H.**, Tezanos, K., Spirito, A., & Cha, C.B. (2021, November). Cognitive vulnerability predicts suicidal behavior in adolescents following psychiatric emergency care. In O. Pollak (Chair), *Adolescent suicide, self-injury, and RDoC: Advancing understanding of adolescents' self-injurious thoughts and behaviors examined across multiple RDoC domains*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (held virtually).
- Pollak, O.H.**, Telzer, E.H., Lindquist, K.A., & Prinstein, M.J. (2021, October). Elevated social stress and maladaptive psychological responses to stress characterize adolescents at risk for future onset of suicidal ideation and nonsuicidal self-injurious behaviors. Oral presentation at the IASR/AFSP International Summit on Suicide Research (held virtually).
- Gratch, I., Tezanos, K., Fernandes, S., Bell, K.A., **Pollak, O.H.**, & Cha, C.B. (2021, October). Comparing multi- and single-item assessment of suicidal ideation among adolescents. In C. Glenn & A. Miller (Chairs), *The importance of studying suicidal ideation as an outcome in youth*. Paper presented at the IASR/AFSP International Summit on Suicide Research (held virtually).

- Gratch, I., Bell, K.A., **Pollak, O.H.**, Guzmán, E., Stewart, J., & Cha, C.B. (2021, April). Suicidal ideation during the COVID-19 pandemic: Examining a diverse sample of adolescents and young adults. In R. Breaux and M. Dvorsky (Chairs), *Impact of the COVID-19 pandemic on adolescent development: Exploring sleep and mental health*. Paper presented at the biannual meeting of the Society for Research in Child Development (held virtually).
- Cha, C.B., ***Pollak, O.H.**, Baroni, A., & Gerson, R. (2020, October). Assessing youth suicide risk: Testing the predictive validity of performance-based measures administered in emergency settings. In R. Gerson (Chair), *Suicide research in the emergency department*. Paper presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry (held virtually).
- Tezanos, K.M., **Pollak, O.H.**, Cha, C.B. (2019, October). How adolescents conceptualize death: Death attitudes and their association with suicidal ideation. In R. Miranda (Chair), *Cognition and suicide among children and adolescents*. Paper presented at the IASR / AFSP International Summit on Suicide Research, Miami, FL.

Poster Presentations

- Kilic, Z., **Pollak, O.H.**, Bendezu, J.J., Calhoun, C.D., Rudolph, K.D., Hastings, P.D., Nock, M.K., & Prinstein, M.J. (2021, November). Adolescent girls' close friendship dynamics as prospective predictors of self-injurious thoughts and behaviors. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (held virtually).
- Patel, K., **Pollak, O.H.**, Sheridan, M.A., Giletta, M., Hastings, P.D., Nock, M.K., Rudolph, K.D., Slavich, G.M., Somerville, L.H., Prinstein, M.J. & Miller, A.B. (2021, September). Testing the comparative predictive validity of neural structure versus suicidal ideation history for prediction of Suicide Stroop Task performance. Poster presented at the annual meeting of the Flux Congress for Integrative Developmental Cognitive Neuroscience (held virtually).
- Shin, K.E., Baroni, A., Gerson, R., Bell, K.A., **Pollak, O.H.**, Tezanos, K., Spirito, A., & Cha, C.B. (2021, June). Implicit cognition predicts suicidal behavior in adolescents following psychiatric emergency care. Poster presented at the annual Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum (held virtually).
- Pollak, O.H.**, Gratch I., Fernandes, S., Bell, K.A., Fox, K.R., & Cha, C.B. (2020, November). Suicide planning in adolescents: Assessing the reliability, validity, and inter-informant agreement of an updated Self-Injurious Thoughts and Behaviors Interview (SITB-R). Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (held virtually).
- Gratch, I., Bell, K.A., **Pollak, O.H.**, Guzman, E., Stewart, J., Sherifi, E., & Cha, C.B. (2020, November). Suicidal ideation during the COVID-19 pandemic: Examining a diverse sample of adolescents and young adults. Poster presented at the Special Interest Group Exposition of the annual meeting of the Association for Behavioral and Cognitive Therapies (held virtually).
- Pollak, O.H.**, D'Angelo, E., Nock, M.K., & Cha, C.B. (2019, November). Does function predict persistence? An examination of the automatic and social functions of nonsuicidal self-injury. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Pollak, O.H.**, D'Angelo, E., Nock, M.K., & Cha, C.B. (2019, November). Nonsuicidal self-injury during and after inpatient hospitalization: Examining rumination and depressive symptoms as potential

risk factors. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Meddaoui, B., **Pollak, O.H.**, Wilson, K., Cha, C.B. (2019, October). Positive and negative future thinking among suicidal adolescents: A prospective investigation. Poster presented at the IASR/AFSP International Summit on Suicide Research, Miami, FL.

Nunez, A., **Pollak, O.H.**, & Cha, C.B. (2019, October). Suicide death by pesticide ingestion among adults and youth: An investigation of country-level agricultural activity. Poster presented at the IASR/AFSP International Summit on Suicide Research, Miami, FL.

Pollak, O.H., D'Angelo, E., Nock, M.K., & Cha, C.B. (2019, June). Exploring changes in rumination across hospitalization: A study of adolescent self-injurers. Poster presented at the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum, Washington, DC.

Other Talks

Association for Psychological Science (APS) Early Career Grant Process Panel. Speaker on panel discussion on pursuing and writing successful grants to fund early career research. Panel at the annual meeting of the Association for Psychological Science on May 27, 2023, Washington, DC.

Pollak, O.H., and Clayton, M.G. Suicide and self-injury in adolescents: Current research directions and clinical applications. Talk presented for the Continuing Medical Education series for clinicians and staff at UNC-Chapel Hill Campus Health Services on November 9, 2022, Chapel Hill, NC.

Teaching

2020- Instructional Assistant, Department of Psychology and Neuroscience, UNC-Chapel Hill
Courses: Abnormal Psychology; Introduction to Psychology; Social Media, Technology, and the Adolescent Brain

2015 Instructor, Yale Young Global Scholars, Yale University

Other Professional

2016-18 Government and Public Services Consultant, Deloitte Federal Practice, Arlington, VA

2017 Research Assistant, Stanford Law School, Stanford, CA

2013-16 Editor, *Yale Historical Review*, Yale University, New Haven, CT

2013-14 Curatorial Assistant, Beinecke Rare Book and Manuscript Library, Yale University, New Haven, CT

Service

2020- Ad hoc manuscript reviewer: *Archives of Suicide Research, Clinical Psychological Science, Clinical Psychology: Science and Practice, Development and Psychopathology, Journal of Adolescent Health, Journal of Psychiatric Research*

2015-16 Freshmen Counselor, Davenport College, Yale University, New Haven, CT

2014-16 Mental Health and Counseling Advisory Committee, Yale University, New Haven, CT

2014-16 Yale Coalition for Mental Health and Wellbeing, Yale University, New Haven, CT