

Standard Psychotherapy Fees 2023

Provider	Most Common Service (CPT) Code(s)	Session Length	Fee
Lorie Ritschel, PhD	Intake Session (90791)	50-60 minutes	\$250
	Individual therapy (90834) Family therapy (90846 or 90847)	45-50 minutes	\$200
	Individual therapy (90837)	53-60 minutes	\$225
	Individual therapy (90832)	20-30 minutes	\$150
	Individual therapy (90837) Family therapy (90846 or 90847)	90 minutes	\$320
All Other Licensed Clinicians (PhD, PsyD, LCSW, LMFT)	Intake Session(s) (90791)	50-60 minutes	\$250
	Individual therapy (90834) Couples therapy (90847) Family therapy (90846 or 90847)	45-50 minutes	\$180
	Individual therapy (90832)	20-30 minutes	\$120
	Individual therapy (90837)	53-60 minutes	\$200
	Individual therapy (90837) Couples therapy (90847) Family therapy (90846 or 90847)	90 minutes	\$300
Postdoctoral Fellows (Supervised PhDs/ PsyDs pending licensure)	Intake Session(s) (90791)	50-60 minutes	\$200
	Individual therapy (90834) Couples therapy (90847) Family therapy (90846 or 90847)	45-50 minutes	\$160
	Individual therapy (90832)	20-30 minutes	\$120
	Individual therapy (90837)	53-60 minutes	\$180
	Individual therapy (90837) Couples therapy (90847) Family therapy (90846 or 90847)	90 minutes	\$250
Doctoral Practicum Students (currently completing their PhDs)	All intakes and sessions operate at a sliding scale rate and will be determined based on the Client's financial means. Common CPT codes are 90791 and 90834.	Varies	Average intake rates are \$40-100; Average session rates are \$30-\$80

The above includes standard intake, individual therapy, couples therapy, and family therapy sessions for all clinicians. Most common session lengths for standard psychotherapy are 45-50 minutes. Telehealth add ons would be used to designate a virtual service (e.g., 90834-95). The codes listed above are the most commonly billed. If your care requires a different code, please discuss with your provider the fees associated.

Group Therapy Fees

The below includes various group therapy services provided by both licensed clinicians and trainees (e.g. post-doctoral fellows). All groups bill monthly and bill to maintain your spot in the group; the 24 hour cancellation exception does not apply. Please speak directly with a group leader to confirm billing policies and length of the group (e.g., 10 groups; 24 groups).

Group	Most Common Service (CPT) Code(s)	Session Length	Fee Per Group*
Adult DBT Group	90853	120 minutes	\$90
Adolescent DBT Multifamily Groups (All ages)	90849	120 minutes	\$120
Neurodivergent DBT Skills Group	90853 or 90849	90 minutes	\$100
Emotional Resiliency Group	90853	90-120 minutes	\$75 (90 minutes) \$90 (120 minutes)
SPACE Caregiver Group	90849	60 minutes	\$100 (individual or family)
EMERGE Young Adult Group	90853	90 minutes	\$75
EMERGE Caregiver Group	N/a	60 minutes	\$75 (individual) \$100 (couple)

**Many groups require a 1-2 session intake to determine fit for the group. These are billed differently across groups; please confirm intake rates with your group intake provider.*

Psychodiagnostic & Psychoeducational Assessment Fees*

Description	Most Common Service (CPT) Code(s)	Average Length	Fee
Initial Intake Consultation	90791	1-2 hours	\$225 per hour
Intake Data Gathering	96136 and/or 96137	1-4 hours	\$225 per hour
Psychological or Neuropsychological Test Administration	96136 and/or 96137	Varies by request	\$225 per hour
Interpretation and Treatment Planning (Writing)	96130 and/or 96131	1-3 hours	\$225 per hour
Interpretive Results Meeting	96130	1 hour	\$225 per hour

**Psychological assessments may vary widely in the time needed to properly answer a psychodiagnostic (diagnosis) or psychoeducational (testing) question. Please discuss an estimated total of your particular services from your assessment provider.*

Ancillary Service Fees

Service	Fee
Phone consultation*	\$50 per 15 minute increment
Document or email review*	\$50 per 15 minute increment
Official letter writing or form completion	\$50 per 15 minute increment
Any legal or court related services <i>This includes court testimony, preparation of documents, legal consultation, and travel or related expenses</i>	\$650 per hour

**Standard coordination of care between providers (e.g., psychiatrists), DBT coaching calls, or brief, clinically appropriate phone or email communication with a client or caregiver are not standardly billed. Fees are assessed if/when it is determined that the amount of outside of session contact required to ethically and professionally provide care is substantially above standard care due either to the complexity of the clinical concern or the level of communication requested by the client(s).*